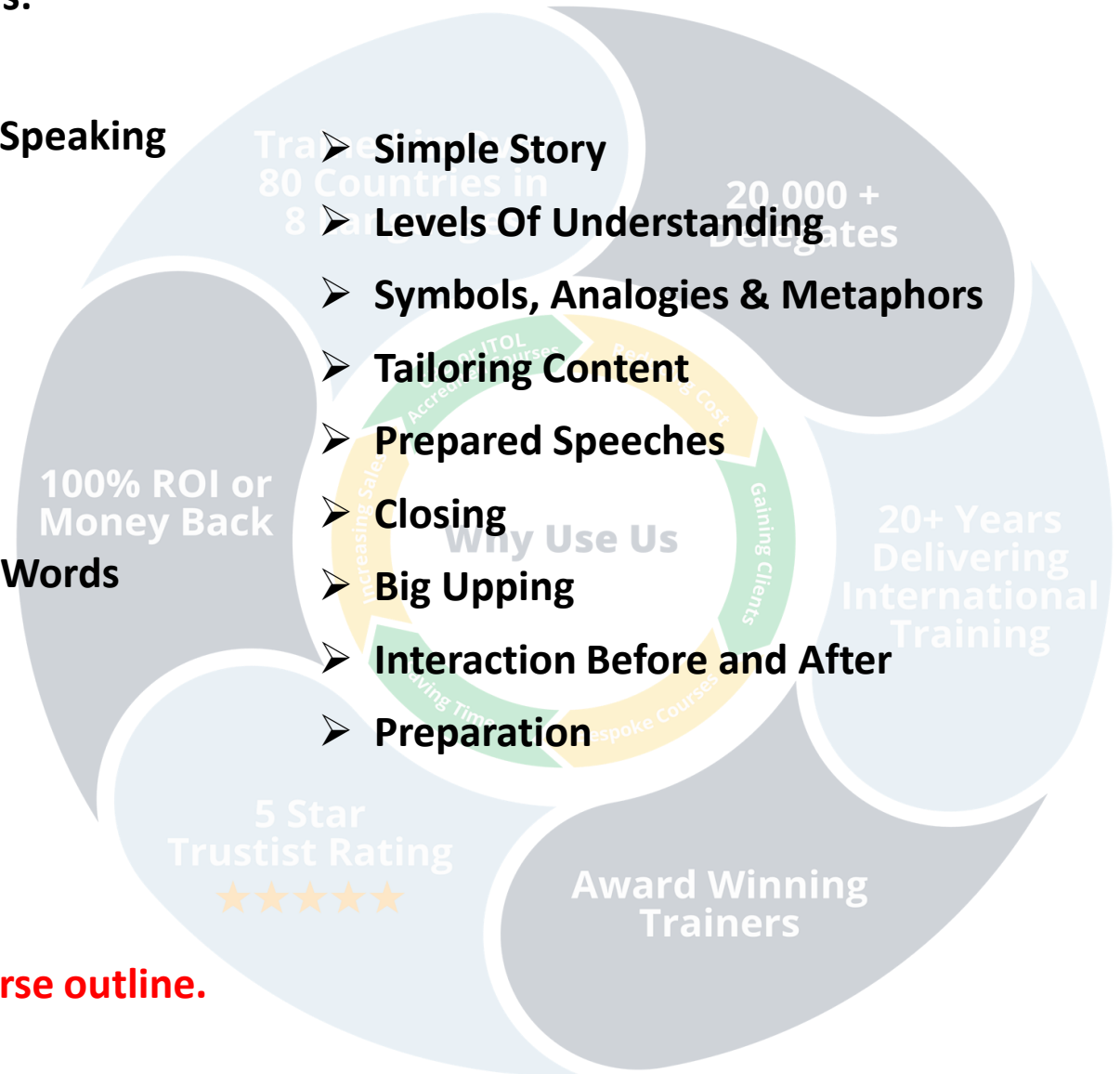


Public Speaking

All courses can be virtual or face to face

Sample Content Includes:

- Presenting Vs Public Speaking
- Nerves
- Stress Graph
- Talking to Many
- Building Confidence
- Stretching Exercises
- Connecting Without Words
- Location
- Hot Starts
- Everyday Objects



Contact us for a full course outline.