

Empowering Women

All courses can be virtual or face to face

Sample Content Includes:

- > #lamRemarkable Google
- ➤ Values, Beliefs & Biases
- Conscious Competence and a Growth Mindset
- > The Power of Personal Power
- > Building Confidence
- > Trust & Interacting With Others
- Power of Feedback and Actively Listening
- > Freeing Your Strengths
- > I Want You to Take Me Seriously
- Networking
- How to Get What You Want
- > Group Counsel

Contact us for a full course outline.

- > Learning So Far and Open Frame
- > Group Check In
- Leadership and Self Belief
- > Stating Expectations
- Personal Impact
- Networking Revisited
- Personal Stories

Bespoke Cov

Award Winning Trainers